



The **EuroCave** comes in different sizes with different finishes.
For a free brochure containing full detail, please contact:

Alpha International Food Services
Tel: +852 2889 2123 or +86 (755) 2561 7383
Fax: +852 2889 1757 or +86 (755) 2561 1213
Showroom: 909, Chai Wan Industrial City, Phase 2,
70 Wing Tai Road, Chai Wan, Hong Kong.
Web-site: <http://www.eurocave-alpha.com>
Email: alpha@eurocave-alpha.com



Made in France

DESTINATION



BALI'S NEW COOL

Move over, Seminyak. Carefree Canggu is now Bali's 'it' neighbourhood, with hipster bars, cute cafes, stylish villas and eco-resorts opening among the rice paddies and surf beaches.

Text by Johannes Pong





A charming sala for relaxing at eco-resort Desa Seni

Bali is a large island. If Ubud is its spiritual heart, then Seminyak is party central, and Kuta and Legian are its Mong Kok and Jordan (avoid). The south boasts Jimbaran Bay and big-name luxury resorts, while the north is largely untouched by mass tourism. And then there's Canggu – chilled, quiet and calm, with an undercurrent of cool.

The district is visibly undergoing a dramatic evolution, albeit more Bali-yogi than sleek

urban chic. It is booming with new hipster hangouts, with more juice bars, gluten-free bakeries, coffee shops and weekend markets popping up every month. Canggu on Bali's southwest coast is the Island of the Gods' *au courant* neighbourhood for expats and travellers in the know. There's no shortage of luxury private villas with sweeping views of emerald rice paddies (try RedDoor or Villa Sankara), and it's just 20 minutes from swanky Seminyak if you're missing the nightlife.



As recently as the 1990s, Canggu was just a sleepy fishing village with black sand beaches surrounded by endless rice paddies and just one hotel. Canggu's grand dame is Hotel Tugu Bali, which sits by Batu Bolong beach surrounded by lush gardens and the owner's vast collection of Indonesian antiques. The lobby houses a 4.5 metre-high phantasmagoric Garuda made from a single century-old tree. Its eclectic dining venues serve excellent renditions of fine Indonesian cuisine.

Sample Indonesian Peranakan food at the Bale Sutra, a reconstructed 350-year-old Kangxi-era Chinese temple, or go for a gourmet picnic on an 18th-century bed by the beach and listen to the crashing waves of the Indian Ocean beneath an amber dusk sky.

Hotel Tugu Bali runs a fascinating cooking class that gives visitors a window into the centuries-old culinary traditions of Bali and Java. Classes aren't held in a modern stainless steel hotel kitchen, but in a simple open thatched warung, with terracotta pots and wood fire, under the tutelage of Iboe (madam) Soelastri. Over 60 years old, the celebrated chef has cooked for three Indonesian presidents and oversees the kitchens of Tugu Bali.

A stone's throw from Tugu's main entrance is a newer Canggu institution, Old Man's. With its iconic blue and white mural by Australian artist Lucas Grogan and circular bamboo structure, the "beach-front beer garden" is the area's unofficial hangout and meeting spot. The simple menu delivers delicious breakfast pancakes, pasta, burgers and milkshakes, but it's the chilled communal ambience that makes it the place to be for a chilled coconut after a surf session, or relaxed pisco sours during the stunning sunsets.

Canggu is also a hotbed of green businesses. The younger sister of the popular Elephant in Ubud, Green Ginger Noodle House is a charming restaurant with a garden offering "earth friendly" and delicious pan-Asian vegetarian fare. How ecologically minded

is it? Rainwater is collected and filtered for kitchen use, all organic waste is fed to pigs, and takeaway and delivery bags are handmade from old newspapers.

For those hoping to stay at an authentic paradise, Desa Seni is the answer and a soothing Balinese balm to city folk. The delightfully idyllic "eco village resort" is dedicated to sustainability and giving back to the local community. Dotting its lush and meticulously manicured gardens are gorgeously restored and refurbished antique wooden houses imported from different islands of the archipelago, showcasing Indonesian artistry and craftsmanship. Forty per cent of the property is devoted to an organic farm, which produces 80 per cent of the herbs and vegetables used in the resort's restaurant. There's a healthy saltwater pool and daily yoga sessions in a beautiful bale at the Trimurti Studio (no reservations, just drop by with good intentions).

Canggu is all about slowing down and relaxing, but revving up the nightlife is the custom motorcycle emporium-cum-café bar Deus ex Machina from Sydney and Byron Bay (with outposts in LA and Harajuku), which has its "Temple of Enthusiasm" flagship in Canggu. Deus celebrates creativity, with an art gallery and beer on tap. Browse for bikes and serious surfboards, or grab a comfy sofa on a Sunday for its famed live-music sessions on the garden stage. It is sure to be a banging party with a carefree Canggu crowd. ■

Top: Hotel Tugu Bali's Art Bendi Tour
Bottom: Nasi Campur Tugu

🍴 DINING HIGHLIGHTS



Desa Seni

Widely regarded as one of Bali's top yoga retreats, the lush and immaculately manicured eco-resort has a delicious organic restaurant serving produce grown on the grounds. It's the perfect Balinese paradise for recharging, especially if you stay in one of the beautifully reconstructed and refurbished Indonesian heritage houses.

**Jalan Subak Sari 13, Pantai Berawa
Canggu, Bali
Tel: +62 361 844 6392**



Green Ginger Noodle House

This place is a little piece of Ubud's signature ethical "earth-friendly" philosophy in down-to-earth, surf-oriented Canggu. This charming vegetarian restaurant offers vegan laksa, homemade Thai red curry with baby aubergines, tofu wontons with shiitake and ginger, and a mean miso ramen.

**Jalan Raya Pantai Berawa
Pelambingan, Bali
Tel: +62 878 6211 2729**



Lacalita Bar y Cocina

This hot new Mexican taqueria serves sundown margaritas, tostaditas, fresh salsas, and tasty treats such as grilled corn with chipotle mayo, queso and lime. Try the ahi poke – raw yellowfin tuna, avocado and green onions in a sweet soy dressing on tortilla chips.

**Jalan Raya Batu Bolong 68
Canggu, Bali
Tel: +62 361 711 1027**



Old Man's

Right on Batu Bolong beach, by the Siwa temple, this relaxed beach-front beer garden and bar is the perfect hangout spot, whether it's pancakes and fresh tropical fruit juices for breakfast, or milkshakes, pastas, burgers, nasi goreng and pisco sours come sundown.

**Jalan Batu Bolong Beach
Canggu, Bali
Tel: +62 361 8469 158**



Samadi

This contemporary wellness space has a well-designed yoga pavilion and cosy, open-air vegetarian cafe serving power smoothies, salads packed with seeds and sprouts, Indian thalis and more. There's also an organic farmers' market every Wednesday and Sunday, and a weekly movie night with vegetarian food.

**Jalan Padang Linjong 39, Echo Beach
Canggu, Bali
Tel: +62 812 3831 2505**



Hotel Tugu Bali

Fine Balinese and Indonesian fare served in exotic dining rooms furnished with antiques. The food is out of this world. Enjoy an Indonesian Peranakan feast inside a reconstructed 350-year-old Chinese temple, or go for a gourmet picnic under the stars on an antique bed on the beach.

**Jalan Pantai Batu Bolong
Canggu, Bali
Tel: +62 361 4731 701**

When in Bali ...

Eat, pray, love and other things to do on the Indonesian island.

Text by Tiffany Chan



A Chat with

Will Meyrick

Chef owner, Sarong,
Mama San and Hujan Locale

Why do you live here?

I fell in love with Indonesia, the culture and the cuisine, from the moment I arrived. I met my wife, Wati, here and I started my business here. So Bali has everything I need to live and to nurture my family. Could you ask more of a place?

What is your favourite street, and why?

I love Gajah Mada Street in the heart of Denpasar. It's Bali's biggest traditional market and you can see almost everything that is Bali here: the food, the people, the melting pot of many cultures including Indian, Arab and Chinese. The place buzzes with countless businesses and hundreds of people from all over the island. It's got authentic energy and a beating, working heart.

What is your favourite time of the year on Bali?

For me, it's when the Balinese hold their largest ceremonies of Galungan and Kuningan that fall in seven-month cycles. For one week, every temple on the island is packed full of people praying, wearing traditional Balinese outfits. Roads are flanked by thousands of penjors, a traditional decoration made from a tall bamboo pole, shaved into furling fronds and decorated with coconut leaves that reaches to the sky and bows with grace.

Name one thing your city offers that nowhere else can.

It's a truly cosmopolitan destination providing all that entails and a very strong traditional society that operates in parallel to the comings and goings of the international trends.

What do you praise and mourn most about the dining scene?

I praise the availability of fantastic food, with internationally rated, high-end sophisticated cuisine alongside some of the tastiest street food you will ever try. I do miss having a wide variety of wines to chose from and I miss Scottish seafood sometimes.

WHERE TO STAY

Sandat Glamping Tents



Bali was once a quiet getaway for those wishing to escape the hustle of city life, but recently it has seen the burgeoning of resorts, cars and tourists. Escape (from the escape) at the Sandat Glamping Tents, just north of Ubud. Set amid vast rice fields, the Sandat has five luxury tents each with individual Italian designer decor and a

private pool. It also has three traditional Balinese coconut-wood *lumbung* villas that can each accommodate up to three adults or two adults and two children. There's an on-site restaurant and nearby activities include traditional dance performances and white-water rafting.

glampingsandat.com

SOMETHING SWEET

Big Tree Farms



After the beaches and temples, one of Bali's most spectacular sights is Big Tree Farms. The world's most sustainable chocolate factory and Indonesia's largest organic food company supports thousands of family farms spread across 40,000 acres of certified organic land on at least 10 Indonesian islands. It's based on

Bali and its chocolate factory, commercial kitchen, office and other facilities are housed in the "bamboo cathedral", the largest bamboo structure in the world. Located 25 minutes south of Ubud, tours of the chocolate factory are available Monday to Friday, with a chance to see how cacao beans are turned into chocolate bars, take cooking classes and sample the cold-pressed cacao and other confections.

bigtreefarms.com

ANCIENT SIGHTS

Gunung Kawi



If you only make it to one temple on Bali, make it Gunung Kawi. Dating back to the 11th century, it is one of the oldest on the island. Located at the bottom of a river valley in northwest Ubud, the temple is made up of 10 rock-cut shrines, or candi, carved into a cliff face in memorial to an 11th-century Balinese king, his queen, concubines and sons. It's a

beautiful place with the seven-metre-high shrines arranged on either side of the river with five major candi on one side and four minor ones on the opposite bank. The tenth is separated from the cluster and often overlooked by visitors. Reaching the temple involves descending (and climbing back up) a whopping 270 steps, but it's worth the effort, with the steps broken up into sections among ancient rice terraces.

FRITES

BELGIUM ON TAP

PRESENTS

THE BIG BELGIAN IS BACK IN CENTRAL

now OPEN
Serving the same
delicious food
and gourmet
Belgian beers.



*Just here on Wellington St
2 minute walk from the escalator!*



CONCEPTCREATIONS.HK

FRITES
CENTRAL

FRITES
QUARRY BAY

FRITES
WANCHAI

TAPEO
CENTRAL

TAPEO
SAI WAN HO

—S.O.U.V.I.A.—

Chicha

THE WELLINGTON, 1/F, NO 198 WELLINGTON STREET, CENTRAL, HK
BOOKINGS: CALL +852 2217 6671 OR TEXT +852 9282 1369